

SALINE
TATTOO
LIGHTENING
INFORMATION
BOOKLET

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Saline tattoo lightening is a method of removing pigment from skin using a simple saline solution rather than lasers. A machine is used to deposit the saline solution into the skin. This solution binds to the pigments, breaks them down and draws them out of the skin over the healing stages. Several sessions may be needed depending on the size of the tattoo and amount of pigment being removed. Pain and down-time are significantly less in comparison to laser tattoo removal.

Cosmetic as well as “regular” tattoos may be treated with this removal method.

Saline lightening is effective on all types of tattoos, regardless of age, colour and location. Sessions required depends on how much pigment is in the skin and your desired outcome.

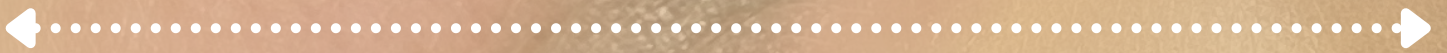
Saline lightening does not permanently damage the tissue.



Image by my Trainer Shay Danielle

WHO IS A GOOD CANDIDATE?

- Anyone who wants to lighten their current body tattoo.
- If the colour is wrong.
- Desired shape is not what you want.
- You want to start again with a different technique.
- You no longer want permanent makeup/small tattoo.



WHO IS NOT A GOOD CANDIDATE?

- Taking blood thinners
- Skin irritations near the area
- Retinol creams (must stop 2 weeks prior to treatment)
- Botox within last 2 weeks
- Accutane within last year
- History of keloid scarring
- Auto-immune deficiencies
- Pregnant & Nursing women
- (Nursing women should discuss with their doctor) This is due to hormone changes and this affects healing process.
- Have trouble healing from wounds.

What is Saline Solution?

LI-FT PIGMENT LIGHTENING SOLUTION

Li-FT® is a safe and highly effective saline based tattoo lightening solution. Li-FT® is an all natural, hypertonic solution that contains no acids and no chemicals. Li-FT® works in lightening any permanent makeup procedure and smaller body tattoos.

Li-FT® was engineered and formulated by the chemists at Li Pigments for the professional Permanent Makeup Artist or Body Tattoo Artist who is trained, licensed and insured in Saline Tattoo Lightening.



Li-FT® Ingredients:

Lemon Seed Extract and Orange Seed Extract: Both Lemon Seed Extract and Orange Seed Extract are amazingly effective in fading and exfoliation, the combination of the two are a powerful force to be reckoned with.

Aloe Barbadosis Leaf Juice: Aloe barbadensis soothes the skin and acts as an anti-inflammatory agent. It is effective for healing wounds.

Calendula Extract: Calendula has antifungal, anti-inflammatory and antibacterial properties that aid in wound healing and soothes the skin.

Sterile Water: It is critical to the safety of products like Li-FT® that only sterile water is used in its formulation. Li Pigments uses only sterile water in all its products.

Barium Sulfate: Barium Sulfate is a safe and commonly used whitening agent, thickener, carrier and binder. Adding Barium sulfate allows the clear solution to be easier seen on the skin and aids in product delivery.

Sodium Benzoate: Sodium Benzoate is a safe and commonly used preservative with anti-fungal agents and has effectiveness against bacteria

Potassium Sorbate: Potassium Sorbate is a safe and commonly used preservative that inhibits the growth of mold, yeast, and some bacteria.

How to prepare for your appointment-



PLEASE MAKE SURE YOU READ THIS SECTION PROPERLY AND MAKE SURE YOU UNDERSTAND EACH STATEMENT BEFORE COMING FOR YOUR APPOINTMENT.

DONT-

- **Absolutely NO alcohol or caffeine for 24 hours prior.**
- **NO Blood thinners such as ibuprofen, aspirin, advil, vit E, fish oils etc. Unless medically necessary for 72 hours.**
- **NO working out the day of your appointment**
- **No sun at least 2 weeks before your appointment on your brows**
- **No Botox 2 weeks prior**
- **Avoid facial, chemical peels, microdermabrasion for 4 weeks prior to appointment.**
- **Must not have any pimples, irritations, ingrown hairs, eczema and psoriasis in your brows.**
- **NO anti acne and anti aging skincare products for 2 weeks prior.**
- **NO accutane for at least 12 months.**

DO-

- **Drink lots of water before your appointment**
- **Stay out of the sun**
- **Look after your health and well being**



Exposure to the sun can cause hypopigmentation, hyperpigmentation and scarring. It is imperative that you stay out of the sun and wear sunglasses and a hat.

Clycolic acid, microdermabrasion, and chemical face peel products must be kept away from the treated area.

If you are having Laser after your brows have healed, please inform the technician.

AFTERCARE


- For the first 48 hours, refrain from wetting the area. Use a makeup wipe or washcloth to wash the areas around your brows.
- As scabs start to form, keep the area clean and dry. The longer the scab stays, the better the results. Cleanse gently twice DAILY with unscented soap (Cetaphil) and pat dry with a clean towel or paper towel.
- Until scabbing is complete, NO makeup or skincare products ON or CLOSE TO your brows. Keep a 1inch gap from your brows.
- DO NOT touch, rub, pick or scratch the scab! Doing so may cause scarring, or prevent the saline from removing as much pigment as possible.



- While the area is scabbing, DO NOT apply any ointment or balm on your brows, or covering.
- Avoid sweating, swimming pools and bodies of water. DO NOT soak your face underwater or allow the shower to spray directly on your face for 2 WEEKS.
- Once the scabs have fallen off on their own, you may begin to apply a high quality oil or ointment 3x DAILY. Vitamin E OR Bio-Oil are great options. No other creams or chemicals should be applied.
- Keeping up with your ointment application for 4 WEEKS.

PLEASE ALSO NOTE:

The skin may appear pink or discoloured for a couple of weeks before returning to its original shade. Sometimes pigment had spread underneath the skin may rise to the surface before coming out completely. In this case it may appear the tattoo has "bled" to surrounding tissue. This is all part of the process and can be addressed during future sessions if needed.

A woman with long, wavy red hair is smiling warmly. She is wearing a dark turtleneck top. The background is a bright, modern interior with a white arched doorway and a woven basket hanging from the ceiling. The overall lighting is warm and soft.

Please note Saline Tattoo Lightening is not a one and done treatment. You may need 3-6 treatments. This is determined at a consult or your first session.

PATIENCE IS KEY

We look forward to seeing you at Lilly Christine soon!!

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